

Autumn Term coaching timetable at Groombridge

The Autumn coaching at Groombridge will start on Friday 14^h September 2018.

The new courses will run for 12 weeks (with a one week break at half term)
You can join the course at any time and pay pro rata.

Private lessons LTA accredited licensed Coach - George Ross

1hour = £25.00 45 mins = £20.00 30 mins= £15.00

Shared lesson per hour (2 players)= £30.00

Group Coaching

Adult Mondays

10.30-12.00pm All abilities Welcome, Technique, drills and doubles tactics.
The cost of first 6 x 1.5 hour sessions will be £60.00 for members £66.00 for non-members up until Half term.

Adult Tuesdays- Cardio Tennis

10:30-11:30 all abilities welcome. Various tennis drills, working on fitness stamina and agility to help develop overall performance.
The cost of first 6 x 1 hour sessions will be £42.00 for members £48.00 for non-members up until Half term. (Minimum of 4 players)

Adult Saturdays

12.30pm- 1.30pm, all abilities Welcome, Technique drills and doubles tactics
The cost of first 6 x 1 hour sessions will be £42.00 for members £48.00 for non-members up until Half term. (Minimum of 4 players)

JUNIORS

Fridays

3.30pm – 4.00pm Coaching for 4-6 yrs £4 pay and play £5 non members

4.00pm – 4.45pm Coaching for 7 – 9 yrs £5 pay and play £6 non members

4.45pm-5.30pm Coaching for 10– 12yrs £5 pay and play £6 non members

5.30pm – 7.00pm Junior club night 12 and above – Supervised play free for members.
Members only for this session.

Saturdays

9am-10am Minis (5-7yrs)

10am-11am (8-11yrs)

11am-12pm (12-16yrs)

12.15pm-1.15pm Beginner Adult classes (17+)

The cost of the 12 x 1 hour sessions will be
£84 for members £96 for non members

To Book please Email, George Ross - rosstennis@icloud.com

Include: Childs full name, age, group/day, emergency name, email and phone number any medical issues that may need to be known.

Places are limited per group so please sign up early to avoid disappointment. A place is secured through early payment.

If sessions are missed due to bad weather there will be a back up session at the end of term. No Refund policy.

Payment details: please pay for coaching either through online banking, or by cash in an envelope with your or your child's name.

Payment details:

Online banking: using your child's/ yourselves name as a reference

Payment to Lloyds Bank- Invoice George Ross

Account number- 73527168

Sort code -776314

Once payment is paid you will be enrolled for the lesson